

Oct. 17, 2023

Iron Range Conference Championships Cross Country Running Meet

Results for - JR. VARSITY GIRLS - 5 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	894	Waldron, Makayla	Rock Ridge	11	0:24:05.2	00:00	07:45/Mi	
2	(1)	443	Skustad, Ava	Ely	12	0:25:34.9	01:29	08:14/Mi	
3	(2)	439	Harding, Alia	Ely	10	0:26:24.8	02:19	08:30/Mi	
4	(3)	435	Carter, Rachel	Ely	11	0:26:25.3	02:20	08:30/Mi	
5	(1)	493	Ford, Loralai	International Falls	11	0:27:18.7	03:13	08:47/Mi	
6	(2)	890	Hartman, Hailey	Rock Ridge	10	0:28:24.0	04:18	09:08/Mi	
7	(3)	889	Fultz, Lizzy	Rock Ridge	10	0:28:39.1	04:33	09:13/Mi	
8	(4)	442	Lindsay, Molly	Ely	10	0:29:15.3	05:10	09:24/Mi	
9	(4)	888	Colbert, Chance	Rock Ridge	11	0:31:31.5	07:26	10:08/Mi	
10	(1)	453	Goss, Sydney	Greenway/N-K	9	0:33:51.1	09:45	10:53/Mi	
11	(2)	454	Hart, Tiana	Greenway/N-K	11	0:36:37.0	12:31	11:47/Mi	
		891	Klima, Madelyn	Rock Ridge	DNS				
		892	Lamppa, Emma	Rock Ridge	DNS				

Group Count = 13

'DNS' = DID NOT START *** 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION

Oct. 17, 2023

Iron Range Conference Championships

Cross Country Running Meet

Results for - VARSITY GIRLS - 5 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	496	Hutchinson, Abbi	International Falls	12	0:19:46.6	00:00	06:21/Mi	1
2	(1)	294	Pascuzzi, Olivia	Chisholm	8	0:20:01.3	00:14	06:26/Mi	
3	(1)	937	Lamppa, Maija	Rock Ridge	10	0:20:13.0	00:26	06:30/Mi	2
4	(1)	463	Champlin, Lola	Greenway/N-K	10	0:20:42.9	00:56	06:40/Mi	3
5	(1)	434	Brophy, Molly	Ely	9	0:20:53.7	01:07	06:43/Mi	4
6	(2)	945	Stark, Nora	Rock Ridge	10	0:20:56.2	01:09	06:44/Mi	5
7	(1)	519	Green, Chloe	Mesabi East	9	0:21:06.0	01:19	06:47/Mi	
8	(2)	494	Hall, Lola	International Falls	8	0:21:14.4	01:27	06:50/Mi	6
9	(2)	300	Schmitz, Destiny	Chisholm	9	0:21:40.8	01:54	06:58/Mi	
10	(2)	441	Lindsay, Mattie	Ely	8	0:21:45.6	01:59	07:00/Mi	7
11	(3)	912	Johnson, Alice	Rock Ridge	7	0:21:48.3	02:01	07:01/Mi	8
12	(4)	914	Johnson, Miia	Rock Ridge	9	0:21:50.9	02:04	07:01/Mi	9
13	(2)	466	Olson, Kaitlin	Greenway/N-K	12	0:21:53.9	02:07	07:02/Mi	10
14	(3)	433	Blauch, Claire	Ely	12	0:21:56.4	02:09	07:03/Mi	11
15	(5)	906	Aluni, Maria	Rock Ridge	10	0:21:58.5	02:11	07:04/Mi	12
16	(3)	462	Adams, Carly	Greenway/N-K	7	0:22:10.2	02:23	07:08/Mi	13
17	(6)	943	Papin, Addy	Rock Ridge	8	0:22:47.3	03:00	07:20/Mi	14
18	(4)	438	Ellerbroek, Elsa	Ely	10	0:23:04.6	03:18	07:25/Mi	15
19	(4)	464	Covier, Taylor	Greenway/N-K	8	0:23:07.9	03:21	07:26/Mi	16
20	(5)	465	Mann, Karly	Greenway/N-K	12	0:23:16.5	03:29	07:29/Mi	17
21	(5)	440	LaTourell, Grace	Ely	12	0:23:23.5	03:36	07:31/Mi	18
22	(3)	492	Dykstra, Julia	International Falls	10	0:23:31.8	03:45	07:34/Mi	19
23	(2)	518	Forsline, Olivia	Mesabi East	12	0:23:40.8	03:54	07:37/Mi	
24	(6)	436	Dunn, Anna	Ely	11	0:23:52.8	04:06	07:41/Mi	20
25	(7)	437	Eaton, Kiarston	Ely	12	0:24:21.5	04:34	07:50/Mi	21
26	(1)	409	Hawkins, Faith	DeerRiver/Northld/HC	12	0:24:31.0	04:44	07:53/Mi	22
27	(7)	893	Shears, Aubree	Rock Ridge	7	0:24:37.4	04:50	07:55/Mi	23
28	(3)	520	Niemi, Elizabeth	Mesabi East	9	0:25:13.9	05:27	08:07/Mi	
29	(4)	495	Hesseldahl, Keira	International Falls	12	0:25:29.1	05:42	08:12/Mi	24
30	(2)	412	Miller, Avery	DeerRiver/Northld/HC	7	0:25:32.1	05:45	08:13/Mi	25
31	(3)	288	Maki, Kylie	Chisholm	10	0:25:43.5	05:56	08:16/Mi	
32	(5)	498	Saxton, Madalynn	International Falls	10	0:26:21.4	06:34	08:28/Mi	26
33	(4)	521	Plese, Hannah	Mesabi East	11	0:26:42.8	06:56	08:35/Mi	
34	(6)	499	Weisz, Grace	International Falls	7	0:27:03.7	07:17	08:42/Mi	27
35	(7)	478	Fultz, Anaya	International Falls	8	0:27:12.9	07:26	08:45/Mi	28
36	(6)	467	Stimson, Kyla	Greenway/N-K	10	0:29:14.3	09:27	09:24/Mi	29

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
37	(3)	410	Horn, Megan	DeerRiver/Northld/HC	9	0:36:05.6	16:19	11:37/Mi	30
38	(4)	411	Kibbler, Kiley	DeerRiver/Northld/HC	9	0:38:50.7	19:04	12:30/Mi	31
39	(5)	408	Foix, Gracie	DeerRiver/Northld/HC	10	0:40:01.3	20:14	12:52/Mi	32
		480	Michel, Tenley	International Falls	DNS				
		497	Kalstad, Kendra	International Falls	DNS				
		500	Wood, Lila	International Falls	DNS				
		928	Lamppa, Alexis	Rock Ridge	DNS				

Group Count = 43

'DNS' = DID NOT START *** 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION

Oct. 17, 2023

Iron Range Conference Championships Cross Country Running Meet

Results for - JR. VARSITY BOYS - 5 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	546	Pontinen, Eli	Rock Ridge	7	0:19:06.6	00:00	06:09/Mi	1
2	(2)	534	Amundson, Kaden	Rock Ridge	10	0:19:14.8	00:08	06:11/Mi	2
3	(1)	455	Danielson, Isaac	Greenway/N-K	9	0:19:32.6	00:26	06:17/Mi	3
4	(3)	887	Wudinich, Tyler	Rock Ridge	10	0:19:40.0	00:33	06:19/Mi	4
5	(1)	425	Hohenstein, Oliver	Ely	9	0:19:45.1	00:38	06:21/Mi	5
6	(2)	450	Hendricks, Brendan	Greenway/N-K	7	0:19:48.9	00:42	06:22/Mi	6
7	(4)	542	Marks, Payton	Rock Ridge	11	0:19:51.9	00:45	06:23/Mi	7
8	(2)	424	Durkin, Dylan	Ely	11	0:20:09.5	01:02	06:29/Mi	8
9	(5)	545	Peterson, Tristan	Rock Ridge	12	0:20:11.3	01:04	06:29/Mi	9
10	(6)	540	Lautigar, Blake	Rock Ridge	7	0:20:14.6	01:08	06:30/Mi	10
11	(3)	430	Skustad, Aksel	Ely	9	0:20:48.8	01:42	06:41/Mi	11
12	(3)	452	McNeil, Jayden	Greenway/N-K	10	0:21:10.6	02:04	06:48/Mi	12
13	(7)	543	Parks, Payton	Rock Ridge	10	0:21:25.7	02:19	06:53/Mi	13
14	(1)	516	Rooda, Lachlan	Mesabi East	8	0:22:03.2	02:56	07:05/Mi	
15	(8)	530	Thielbar, Nolan	Rock Ridge	9	0:22:24.9	03:18	07:12/Mi	
16	(2)	511	Jacobson, Ethan	Mesabi East	11	0:22:35.4	03:28	07:16/Mi	
17	(9)	539	Johnson, Leo	Rock Ridge	11	0:22:36.1	03:29	07:16/Mi	
18	(10)	536	Brunner, Jesse	Rock Ridge	9	0:22:40.8	03:34	07:17/Mi	
19	(11)	537	George, Gunnar	Rock Ridge	12	0:23:36.7	04:30	07:35/Mi	
20	(12)	541	Lindhorst, Isaac	Rock Ridge	12	0:23:37.3	04:30	07:36/Mi	
21	(13)	535	Andrews, Max	Rock Ridge	10	0:23:38.5	04:31	07:36/Mi	
22	(4)	423	Cochran, Max	Ely	11	0:23:46.8	04:40	07:39/Mi	14
23	(5)	427	Marolt, Drew	Ely	12	0:23:47.6	04:41	07:39/Mi	15
24	(1)	488	Sivonen, Paxton	International Falls	10	0:24:08.6	05:02	07:46/Mi	
25	(3)	514	Peterson, Wes	Mesabi East	11	0:24:22.6	05:16	07:50/Mi	
26	(14)	881	Williams, Sawyer	Rock Ridge	11	0:24:25.3	05:18	07:51/Mi	
27	(4)	460	McNeil, Eli	Greenway/N-K	10	0:25:15.9	06:09	08:07/Mi	16
28	(5)	449	Goss, Devin	Greenway/N-K	12	0:25:24.3	06:17	08:10/Mi	17
29	(15)	544	Peglow, Jaden	Rock Ridge	12	0:26:40.9	07:34	08:35/Mi	
30	(1)	262	Yukich, Pace	Chisholm	11	0:37:13.0	18:06	11:58/Mi	
		538	Hainey, Corbet	Rock Ridge	DNS				
		547	Povoledo, Pier	Rock Ridge	DNS				

Group Count = 32

'DNS' = DID NOT START * 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION**

Oct. 17, 2023

Iron Range Conference Championships

Cross Country Running Meet

Results for - VARSITY BOYS - 5 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	897	Kendall, Jack	Rock Ridge	11	0:16:58.6	00:00	05:27/Mi	1
2	(1)	456	Danielson, Levi	Greenway/N-K	12	0:17:13.6	00:14	05:32/Mi	2
3	(2)	459	Nielsen, Brayden	Greenway/N-K	10	0:17:15.8	00:17	05:33/Mi	3
4	(2)	895	Aune, Casey	Rock Ridge	12	0:17:25.0	00:26	05:36/Mi	4
5	(3)	451	Nierson, Bryce	Greenway/N-K	10	0:17:26.4	00:27	05:36/Mi	5
6	(1)	422	Chittum, Caid	Ely	11	0:17:39.1	00:40	05:40/Mi	6
7	(4)	457	Koran, Riley	Greenway/N-K	10	0:18:02.4	01:03	05:48/Mi	7
8	(5)	458	Milstead, Hunter	Greenway/N-K	11	0:18:03.7	01:05	05:48/Mi	8
9	(1)	507	Feldt, Conner	Mesabi East	11	0:18:10.3	01:11	05:50/Mi	9
10	(3)	896	Aune, Cooper	Rock Ridge	10	0:18:28.7	01:30	05:56/Mi	10
11	(2)	517	Slattery, Carson	Mesabi East	12	0:18:33.7	01:35	05:58/Mi	11
12	(4)	900	Peterson, Will	Rock Ridge	11	0:18:37.9	01:39	05:59/Mi	12
13	(2)	431	Solum, Silas	Ely	11	0:18:45.5	01:46	06:02/Mi	13
14	(5)	898	Lamppa, Jaxson	Rock Ridge	10	0:18:48.0	01:49	06:03/Mi	14
15	(3)	510	Green, Timmy	Mesabi East	10	0:18:48.5	01:49	06:03/Mi	15
16	(3)	421	Brenny, Brooks	Ely	9	0:18:51.1	01:52	06:04/Mi	16
17	(6)	899	Pellini, Luca	Rock Ridge	11	0:18:52.9	01:54	06:04/Mi	17
18	(6)	461	Troumbly, Preston	Greenway/N-K	10	0:18:53.9	01:55	06:04/Mi	18
19	(7)	904	Rausch, Adrian	Rock Ridge	10	0:19:06.1	02:07	06:08/Mi	19
20	(4)	512	Leete, Alex	Mesabi East	11	0:19:12.1	02:13	06:10/Mi	20
21	(4)	429	Olson, Eli	Ely	11	0:19:16.6	02:17	06:12/Mi	21
22	(7)	448	Gangl, Max	Greenway/N-K	11	0:19:23.5	02:24	06:14/Mi	22
23	(5)	432	Stalmer, Leo	Ely	12	0:19:26.2	02:27	06:15/Mi	23
24	(6)	428	McClelland, Milo	Ely	11	0:19:30.0	02:31	06:16/Mi	24
25	(7)	426	Kurnava, Mason	Ely	9	0:19:32.1	02:33	06:17/Mi	25
26	(1)	487	Scholler, Brendyn	International Falls	11	0:20:08.3	03:09	06:28/Mi	26
27	(5)	508	Forsberg, Brady	Mesabi East	8	0:20:15.5	03:16	06:31/Mi	27
28	(2)	482	Deedrick, Camden	International Falls	10	0:20:21.8	03:23	06:33/Mi	28
29	(6)	513	Murray, Henrik	Mesabi East	11	0:21:13.4	04:14	06:49/Mi	29
30	(7)	515	Ronning, Riley	Mesabi East	11	0:21:42.1	04:43	06:59/Mi	30
31	(1)	406	Nason, Kion	DeerRiver/Northld/HC	9	0:22:06.5	05:07	07:06/Mi	31
32	(2)	404	Ikola, Charlie	DeerRiver/Northld/HC	12	0:22:07.0	05:08	07:07/Mi	32
33	(3)	490	Sullivan, Joe	International Falls	9	0:22:12.1	05:13	07:08/Mi	33
34	(4)	483	Erickson, Mitchell	International Falls	12	0:22:29.9	05:31	07:14/Mi	34
35	(1)	126	Konstad, Daeren	Chisholm	11	0:22:43.3	05:44	07:18/Mi	35
36	(5)	491	Youso, Max	International Falls	9	0:22:57.7	05:59	07:23/Mi	36

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
37	(6)	484	Mortenson, Mason	International Falls	8	0:23:16.1	06:17	07:29/Mi	37
38	(2)	117	Fleming, Isaac	Chisholm	10	0:23:43.6	06:44	07:38/Mi	38
39	(3)	180	Thompson, Ben	Chisholm	12	0:23:44.3	06:45	07:38/Mi	39
40	(7)	486	Sather, Benson	International Falls	9	0:23:53.7	06:55	07:41/Mi	40
41	(3)	407	Pearson, Tyler	DeerRiver/NorthId/HC	8	0:25:16.3	08:17	08:08/Mi	41
42	(4)	403	Dunning, Keaven	DeerRiver/NorthId/HC	7	0:25:19.9	08:21	08:09/Mi	42
43	(4)	128	Pender, Carter	Chisholm	9	0:25:51.6	08:52	08:19/Mi	43
44	(5)	198	Verant, Noah	Chisholm	11	0:26:02.0	09:03	08:22/Mi	44
45	(6)	148	Perpich, Daniel	Chisholm	10	0:26:33.9	09:35	08:33/Mi	45
46	(5)	405	Meyer, Steven	DeerRiver/NorthId/HC	11	0:28:24.3	11:25	09:08/Mi	46
47	(7)	279	Holewa, Tristen	Chisholm	9	0:35:19.7	18:21	11:22/Mi	47
		485	Reiners, Lachlan	International Falls	DNS				
		489	Steinbach, Charlie	International Falls	DNS				
		509	Goerd, Easton	Mesabi East	DNS				

Group Count = 50

'DNS' = DID NOT START *** 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION

Oct. 17, 2023

Iron Range Conference Championships Cross Country Running Meet

Results for - JUNIOR HIGH GIRLS - 2.6 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	330	Lathrop, Brietta	DeerRiver/Northld/HC	6	0:11:23.6	00:00	07:03/Mi	
2	(1)	418	Brophy, Katy	Ely	7	0:12:15.1	00:51	07:34/Mi	
3	(1)	477	Domitrovich, Braelyn	International Falls	6	0:12:49.6	01:26	07:56/Mi	
4	(1)	533	Teasck, Ivy	Rock Ridge	7	0:12:53.4	01:29	07:58/Mi	
5	(1)	66	Broman, Keelia	Chisholm	7	0:13:14.2	01:50	08:11/Mi	
6	(2)	420	Fedders, Naomi	Ely	7	0:13:30.7	02:07	08:21/Mi	
7	(2)	402	Morrison, Tenille	DeerRiver/Northld/HC	7	0:14:05.9	02:42	08:43/Mi	
8	(3)	419	Dunn, Lucy	Ely	8	0:14:12.7	02:49	08:47/Mi	
9	(2)	531	Hainey, Khepra	Rock Ridge	8	0:14:13.8	02:50	08:48/Mi	
10	(3)	308	Kingbird, Natalya	DeerRiver/Northld/HC	9	0:14:15.2	02:51	08:49/Mi	
11	(1)	506	Tennison, Eliza	Mesabi East	8	0:14:29.8	03:06	08:58/Mi	
12	(2)	479	Hostetter, Mariah	International Falls	9	0:15:43.0	04:19	09:43/Mi	
13	(3)	481	Mortenson, Anna	International Falls	7	0:15:51.8	04:28	09:49/Mi	
14	(4)	401	Mitchell, Emma	DeerRiver/Northld/HC	9	0:23:01.1	11:37	14:14/Mi	
		532	Surla, Abby	Rock Ridge	DNS				

Group Count = 15

'DNS' = DID NOT START *** 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION

Oct. 17, 2023

Iron Range Conference Championships

Cross Country Running Meet

Results for - JUNIOR HIGH BOYS - 2.6 Kilometer Race

Place	(Team) (Place)	Bib#	Name	School	Grade	Net Time	Back	Pace	Points
1	(1)	414	Devine, Wyatt	Ely	8	0:10:14.6	00:00	06:20/Mi	1
2	(2)	413	Chittum, Grant	Ely	8	0:10:43.6	00:29	06:38/Mi	2
3	(1)	524	Crotteau, Bryce	Rock Ridge	7	0:10:47.7	00:33	06:40/Mi	3
4	(2)	523	Aguilar, Kaden	Rock Ridge	9	0:11:23.2	01:08	07:02/Mi	4
5	(1)	502	Green, Ethan	Mesabi East	6	0:11:24.6	01:10	07:03/Mi	5
6	(1)	446	Nagler, Korbin	Greenway/N-K	8	0:11:25.7	01:11	07:04/Mi	
7	(2)	445	Huyck, Hosea	Greenway/N-K	8	0:11:28.7	01:14	07:06/Mi	
8	(3)	525	Harvey, Graeme	Rock Ridge	7	0:11:38.2	01:23	07:12/Mi	6
9	(3)	447	Strain, Carter	Greenway/N-K	8	0:11:39.2	01:24	07:12/Mi	
10	(1)	106	Verant, Jasper	Chisholm	7	0:11:49.8	01:35	07:19/Mi	
11	(3)	416	Kurnava, Liam	Ely	7	0:12:06.7	01:52	07:29/Mi	7
12	(4)	444	Heise, Easton	Greenway/N-K	7	0:12:20.1	02:05	07:38/Mi	
13	(2)	97	Moody, Ethan	Chisholm	7	0:12:21.9	02:07	07:39/Mi	
14	(1)	468	Boe, George	International Falls	6	0:12:36.8	02:22	07:48/Mi	8
15	(4)	522	Aagenes, Sam	Rock Ridge	8	0:12:38.9	02:24	07:49/Mi	9
16	(5)	526	Hyvonen, Knox	Rock Ridge	8	0:12:53.7	02:39	07:58/Mi	10
17	(2)	504	Niemi, Lucas	Mesabi East	6	0:12:54.1	02:39	07:59/Mi	11
18	(3)	503	McCarter, James	Mesabi East	6	0:12:54.4	02:39	07:59/Mi	12
19	(6)	529	Stefanich, Trey	Rock Ridge	7	0:12:56.3	02:41	08:00/Mi	13
20	(4)	505	Plese, Jonny	Mesabi East	9	0:12:58.2	02:43	08:01/Mi	14
21	(4)	417	Solum, Oren	Ely	8	0:13:18.0	03:03	08:13/Mi	15
22	(5)	415	Houde, Blake	Ely	8	0:13:19.0	03:04	08:14/Mi	16
23	(2)	473	Randall, Austin	International Falls	8	0:14:02.0	03:47	08:41/Mi	17
24	(3)	475	Silvers, Ashby	International Falls	8	0:14:02.5	03:47	08:41/Mi	18
25	(4)	471	Friend, Reign	International Falls	9	0:14:11.0	03:56	08:46/Mi	19
26	(5)	501	Berndt, Lucas	Mesabi East	8	0:14:35.0	04:20	09:01/Mi	20
27	(5)	474	Saxton, Oliver	International Falls	9	0:14:36.7	04:22	09:02/Mi	21
28	(6)	472	Ginter, Sig	International Falls	9	0:14:50.0	04:35	09:10/Mi	22
29	(7)	470	Erickson, Cullen	International Falls	9	0:14:54.7	04:40	09:13/Mi	23
30	(8)	469	Davenport, Andy	International Falls	9	0:16:51.1	06:36	10:25/Mi	
31	(9)	476	Weisz, Logan	International Falls	8	0:16:58.3	06:43	10:30/Mi	
		527	Kroll, Milo	Rock Ridge	DNS				
		528	Stauty, Kolton	Rock Ridge	DNS				

Group Count = 33

'DNS' = DID NOT START *** 'DNF' = DID NOT FINISH *** 'DISQ' = DISQUALIFIED *** 'EXB' = EXHIBITION

Oct. 17, 2023

**TEAM SCORES for - Iron Range Conference Championships
Cross Country Running Meet**

Results for - VARSITY GIRLS - 5 Kilometer Race

Place	Points	Team
# 1	36	Rock Ridge
# 2	55	Ely
# 3	59	Greenway/N-K
# 4	76	International Falls
# 5	140	DeerRiver/NorthId/HC

Team Scores based on Top 5 Places

Oct. 17, 2023

**TEAM SCORES for - Iron Range Conference Championships
Cross Country Running Meet**

Results for - VARSITY BOYS - 5 Kilometer Race

Place	Points	Team
# 1	25	Greenway/N-K
# 2	41	Rock Ridge
# 3	79	Ely
# 4	82	Mesabi East
# 5	157	International Falls
# 6	192	DeerRiver/NorthId/HC
# 7	199	Chisholm

Team Scores based on Top 5 Places